

Cypress View News



JUL 2025



Local Church Services SAINT PETER'S CATHOLIC CHURCH

MASS TIMES

Every Sunday of the Month:
10:30am

SEVEN DAY ADVENTIST REFORM MOVEMENT SATURDAY

Sabbath school 10:30am
Divine Service 11:30am

UNITING CHURCH SUNDAY

Worship Service : 9:30am

THE ANGLICAN CHURCH OF ST MARK THE EVANGELIST Holy Eucharist

1st & 4th Sunday 9.30am
3rd Sunday 11.00am
Parish Service
2nd Sunday 9.30am
5th Sunday not on sign

July Birthdays

HAPPY BIRTHDAY



Margaret. S turned 103

Visiting Hours

While we do not have set visiting hours at Cypress View some of our residents enjoy taking part in most activities. Below is an indication of times when these take place which may help you to decide when is best to visit.

Breakfast – 7:30 to 9:30

Morning exercises –
9:45am

Morning tea – 10am

Morning activity –

10:30am to 11:30am

Lunch – 12:30pm to 1pm

Afternoon activities –
2pm

Afternoon tea – 3pm

Tea/Dinner – 5:30pm to
6:30pm

CVL Resident's Shop

In the residents shop you can find

- Toiletries
- Knitted soft toys
- Knitted lace coathangers
- Non slip socks in many sizes

These are all marked at a reasonable price. If interested in these items see the girls at the front desk.





Our residents have been enjoying the sun down at the main street.



Last week staff took two of our residents Judy and Marg.F to the local cafe the coffee nest to enjoy Morning Tea together.

On Saturday 19th our residents were visited by the Seven Day Adventist Church from Narrandera.





Tuesday 22nd residents were visited by Playgroup, they stayed to have morning tea. The residents enjoy being able to spend time with them and their mothers.



WHAT'S GOING ON IN THE MURRUMBIDGEE



Coleambally Riverina
Vintage Machinery Rally &
Tractor Pull - Saturday 9th
Of August.

The weekend is a showcase vintage machinery and enjoying companionship of like-minded individuals who have a passion for vintage machinery, tractors, trucks bikes and stationary engines . There will be stationary engines and machinery on display both days
Tractor Trek - Tractor Pull - Static Car ,Truck & Motorbikes display - markets

Tractors will be doing a drive by around the roundabout out the front of facility at 10:00 for residents to have a viewing.

CWA Presentation to Cypress View Lodge

Friday 11th July.

A large quantity of hand-knitted knee rugs was presented to CVL by Gail Hibbert on behalf of their state hospital visiting committee, from their recent state conference in Wagga Wagga.

Coleambally- Argoon branch of country women of New South Wales sincerely thank CVL for the use of the Soroptimist Sunroom for their meeting.



Karen Hodgson with CWA Branch.

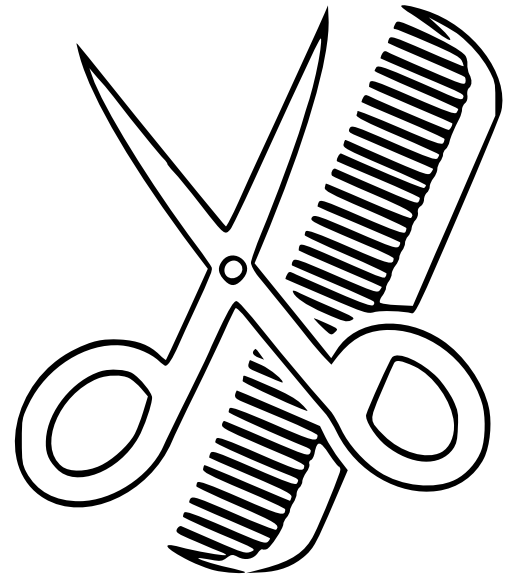
Wanted

Used Stamps (Postage)
Bev Rose-Wiseman
sorts stamps.

For CWA International
work

Money from sale of
these stamps is used to
send aid to women of
the South Pacific Area.

You will find a box to
place stamps in as you
first walk into the
activities room to your
left.



Jenna visited
yesterday, her next visit
will be 8th of
September.
Men's Cut- \$25
Women's Cut- \$30
Please have cash
ready to go when
Jenna comes.

Aerosols of any type
are banned within the
facility.

We strongly
encourage our
residents to be using
roll on deodorant
instead of spray due to
our fire alarms being
very sensitive.



Do you have a suggestion, complaint or compliment?

We are always willing to listen to your suggestions. Cypress View Lodge has a Suggestion Form available at the office however if you would like to make a quick suggestion, complaint or compliment please email karenh@cypressviewlodge.com.au or phone – 02 69544202.

Cypress View Lodge Care Minutes		Actual Minutes Achieved		
	Current Target	Apr 25	May 25	Jun 25
Registered Nurse	38.87	34.7	28.6	35.1
Total Care includes care provided by Registered Nurses, Enrolled Nurses and Personal Care Workers	185.27	201.5	187.4	198.8

CVL has an exemption granted by the Government from the 24/7 requirement and has in extensive alternative care arrangements in place to ensure all residents receive care by appropriate staff.



THE NEXT GENERATION: STRENGTH, VISION & LEGACY

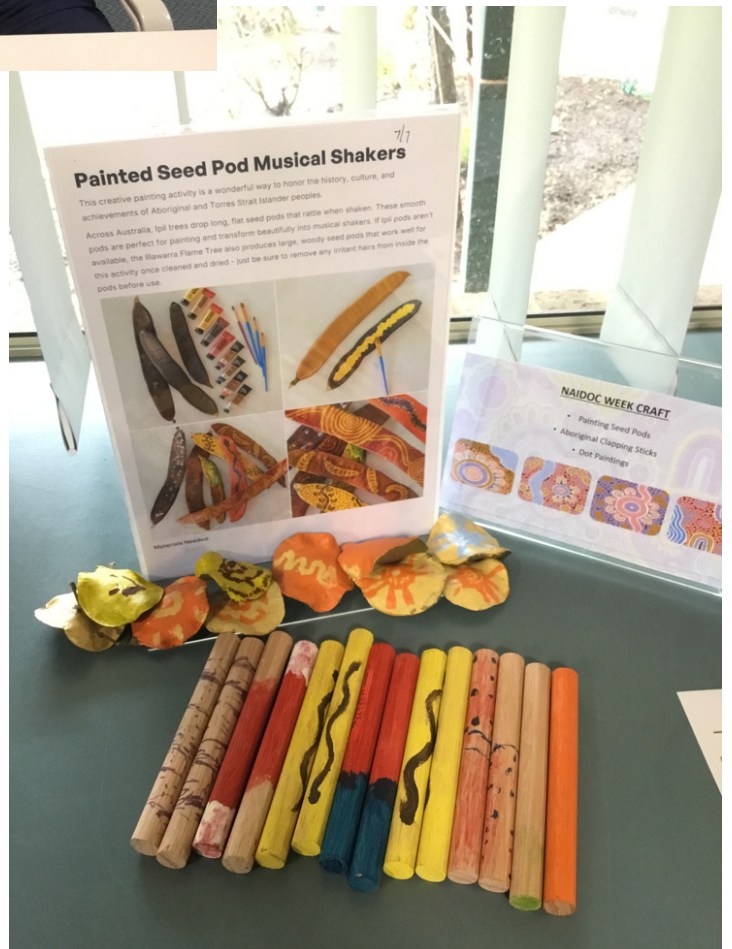
6-13 JULY 2025



During NAIDOC week residents painted seed pod musical shakers and clap sticks these are displayed in the activities room.

Residents also learnt some words of the Aboriginal language.

They enjoyed celebrating the NAIDOC week.



Laughter is good for the soul.

Her 4th Marriage

A local news station was interviewing an 80-year-old woman on why she had recently got married for the 4th time. They wanted to know her secret for finding love again and again.

The interviewer asked her a few questions about her life, and about what it felt like to be a bride again at age 80. Then he asked what her new husband did for a living.

“He’s a funeral director.” she answered.

The newsperson was surprised at her answer, and wondered who else she had married. He then asked her if she wouldn’t mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years. Her life had been full of exciting moments, especially with three husbands.

After a short time, a smile came to her face and she answered proudly, explained that she had first married a banker when she was in her 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now- in her 80's- a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

She smiled and explained, “ I married one for the money, two for the shower, three to get ready, and four to go”.

CFNC



28/06/2025 Coleambally VS Northern Jets	14/06/2025 Coleambally VS North Wagga	21/06/2025 Coleambally VS Marrar
Reserves: Down 92/10	Reserves: Down 61/23	Reserves: Down 101/27
1 st Grade: Up 100/62	1 st Grade: Up 85/42	1 st Grade: Down 68/42
A Grade: Down 53/33	A Grade: Down 41/34	A Grade: 63/30
A Reserve: Down 49/31	A Reserve: Down 40/21	A Reserves: Down 49/21
B Grade: Down 38/28	B Grade: Down 60/32	B Grade: Down 49/30
C Grade: Up 33/27	C Grade: Up 25/20	C Grade: Up 42/18

DPC



26/06/2025 Coleambally VS Lake Cargelligo	6/07/2025 Coleambally VS Griffith Black & Whites	13/07/2025 Coleambally VS Yenda	20/07/2025 Coleambally VS West Wyalong
Reserves: Up 30/26	Reserves: Up 16/12	Reserves: Down 16/6	Reserves: Bye
1 st Grade: Up 32/18	1 st Grade: Up 26/14	1 st Grade: Up 26/16	1 st Grade: Up 62/18
League Tag: Draw 18/18	League Tag: Down 26/6	League Tag: Up 20/6	League Tag: Bye

Get to know our staff.

These are our amazing maintenance staff.



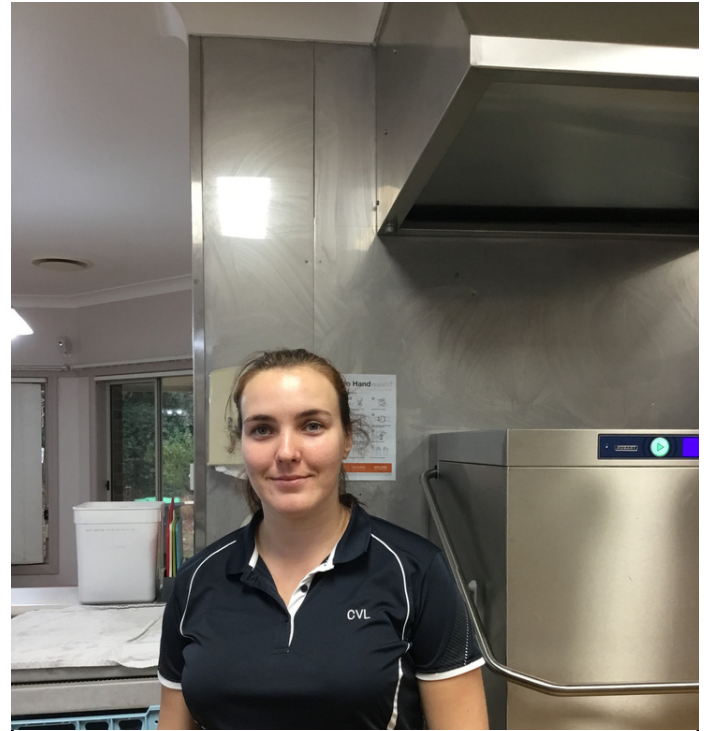
Name: Micheal

How long have you lived here for: 40 years

Fun Fact about yourself: Loves cricket and all sport.

Favourite Food: T-bone or Curried Sausages

Favourite thing about Coleambally: The people here.



Name: Kate

How long have you lived here for: 1 year

Fun Fact about yourself: I lived in Texas (QLD)

Favourite Food: Lasagna

Favourite thing about Coleambally: People are nice

Book Title Dingbats 1

GATSBY	__ _ _ agement	3:45 pm Mrs. Gulliver
Sabrina Samantha Hecate	Ueeee xxxx	Milk Teak
Dr. Do	Bye Arms Arms	Alley India India
Mrs. Green, Mrs. White	Jim spring summer autumn winter	HCAATT