

RESIDENTS & FAMILY
NEWSLETTER

CYPRESS VIEW NEWS

ISSUE #11

NOV 2025



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General Business

Visiting Hours

CVL Resident's Shop

While we do not have set visiting hours at Cypress View some of our resident enjoy taking part in most activities. Below is a indication of times when these take place which may help you to decide when is best to visit.

Breakfast – 7:30 to 9:30
 Morning exercises – 9:45am
 Morning tea – 10am
 Morning activity – 10:30am to 11:30am
 Lunch – 12:30pm to 1pm
 Afternoon activities – 2pm
 Afternoon tea – 3pm
 Tea/Dinner – 5:30pm to 6:30pm

In the residents shop you can find

- Toiletries
- Knitted soft toys
- Knitted lace coathangers
- Non slip socks in many sizes

These are all marked at a reasonable price. If interested in these items see the girls at the front desk.

Wanted

Used Stamps (Postage)
 Bev Rose-Wiseman sorts stamps.

For CWA International work
 Money from sale of these stamps is used to send aid to women of the South Pacific Area.

You will find a box to place stamps in as you first walk into the activities room to your left.

ACTVITIES

DO YOU HAVE AN
 IDEA FOR AN
 ACTIVITY OR
 OUTING?

WE WOULD LOVE TO
 HEAR THEM.

**KEEPING ACTIVE AND
 SOCIAL IS A GREAT
 BOOST TO YOUR
 HEALTH AND
 WELLBEING.**



PLEASE LET US
 KNOW YOUR IDEAS
 FOR SPRING

Aerosols of any
 type are banned
 within the
 facility.

We strongly
 encourage our
 residents to be
 using roll on
 deodorant
 instead of spray
 due to our fire
 alarms being
 very sensitive.



Haircuts at Cypress View Lodge

Jenna Groves visits every six weeks

Next Visit
Monday 15th December 2025

Booking Process

Get your family to contact
Jenna directly at
0406 141 557
to arrange an appointment
for your haircut.

Payment Details

All payments are made
directly to Jenna by your
family or by you on the day.
Please ensure you have the
correct amount ready.

For questions, contact Jenna direct

LOCAL CHURCH SERVICES

SAINT PETER'S CATHOLIC CHURCH MASS TIMES

Every Sunday of the Month: 10:30am

SEVEN DAY ADVENTIST REFORM MOVEMENT

SATURDAY

Sabbath school 10:30am

Divine Service 11:30am

UNITING CHURCH

SUNDAY

Worship Service : 9:30am

THE ANGLICAN CHURCH OF ST MARK THE EVANGELIST

Holy Eucharist

1st & 4th Sunday 9.30am

3rd Sunday 11.00am

Parish Service

2nd Sunday 9.30am

5th Sunday not on sign



Care minutes

Cypress View Lodge Care Minutes		Actual Minutes Achieved		
	Current Target	Aug 25	Sep 25	Oct 25
Registered Nurse	38.87	21.4	21.3	35.2
Total Care includes care provided by Registered Nurses, Enrolled Nurses and Personal Care Workers	185.27	189	195.6	192

CVL has an exemption granted by the Government from the 24/7 requirement and has in extensive alternative care arrangements in place to ensure all residents receive care by appropriate staff.

Do you have a suggestion, complaint or compliment? We are always willing to listen to your suggestions. Cypress View Lodge has a Suggestion Form available at the office however if you would like to make a quick suggestion, complaint or compliment please email karenh@cypressviewlodge.com.au or phone – 02 69544202.

WHAT'S GOING ON IN THE MURRUMBIDGEE

Muddy Duck Grand Opening & Fashion On Brolga

Next date: Saturday, 15 November 2025 | 06:00 PM to 11:00 PM

Muddy Duck

✨ Grand Opening Night at The Muddy Duck! ✨

Join us Saturday, 15th November 2025 for a double celebration — a night of glamour, fashion, and cocktails as we unveil our new Cocktail Bar & Event Rooms!

- 6:00pm — Fashion on Brolga Parade

Featuring stunning designs by Beverley Mann, winner of the Cocktail Section at the Fashion Awards Australia.

- Compare by Aanya Whitehead from Western Riverina Arts.
- \$20 entry includes a glass of bubbly | Proceeds to Can Assist.
- 7:00pm — Grand Opening Celebration

Raise your glass as we officially open the new Muddy Duck Cocktail Bar & Events Rooms.

- Optional seafood platter \$30pp | Non-seafood options available, Book your ticket
- Cocktail jugs \$45 | - Live music all night

✨ Dress to impress, sip something special, and celebrate Coleambally style!

- Saturday 15th November 2025
- Tickets available at Muddy Duck Café — limited spots!

Funds raised from fashion Parade to Canassist Coleambally

Coly Community Club Christmas Raffles

Next date: Saturday, 29 November 2025 |

04:00 PM to 09:00 PM

Saturday 29 November

Raffles from 7PM

Over 80 prizes to be won!

Entertainment for the kids including a visit from Santa, face painting and so much more!

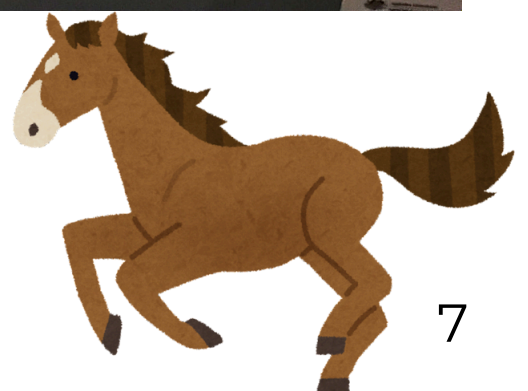


Residents had a BBQ lunch to celebrate Melbourne Cup day. They all got to wear fascinators that they had created in previous weeks.





Melbourne Cup Hats made by residents.





There will be a small ceremony held tomorrow at 1100hrs in the activities room for the residents.

Residents did some poppy painting for Remembrance Day.



NOVEMBER BIRTHDAYS

HAPPY BIRTHDAY

At the end of the
October we celebrated
Elaine Gorey turning 87
Jane turning 87
Collin turning 72

We don't have any
birthdays this month



Laughter is good for the soul.

A family brings their elderly mother to a nursing home. While sitting in her new room, she slowly starts to lean over sideways in her chair. Two nurses immediately straighten her up. After a while, she starts to tilt to the other side. The nurses rush back to put her upright. This goes on all morning.

Later, the family arrives and asks, "Are they treating you all right?" She replies, "It's pretty nice, except they won't let you fart."



We farewelled Patricia Mannes, a much-loved member of our Lodge family on 26th Of October. Patricia lived with us for just over 6 years. Patricia was a pleasure to care for. She will be greatly missed by all. We extend our sincere condolences to her family and friends.