

RESIDENTS & FAMILY
NEWSLETTER

ISSUE #10

OCT 2025

CYPRESS VIEW NEWS



Table of contents

General Business

Care Minutes

What's going on

Celebrations

Birthdays

Cypress
View
Lodge

General Business

Visiting Hours

While we do not have set visiting hours at Cypress View some of our resident enjoy taking part in most activities. Below is a indication of times when these take place which may help you to decide when is best to visit.

Breakfast – 7:30 to 9:30
Morning exercises – 9:45am
Morning tea – 10am
Morning activity – 10:30am to 11:30am
Lunch – 12:30pm to 1pm
Afternoon activities – 2pm
Afternoon tea – 3pm
Tea/Dinner – 5:30pm to 6:30pm

CVL Resident's Shop

In the residents shop you can find

- Toiletries
- Knitted soft toys
- Knitted lace coathangers
- Non slip socks in many sizes

These are all marked at a reasonable price. If interested in these items see the girls at the front desk.

Wanted

Used Stamps (Postage)
Bev Rose-Wiseman sorts stamps.

For CWA International work
Money from sale of these stamps is used to send aid to women of the South Pacific Area.

You will find a box to place stamps in as you first walk into the activities room to your left.

ACTVITIES

DO YOU HAVE AN
IDEA FOR AN
ACTIVITY OR
OUTING?

WE WOULD LOVE TO
HEAR THEM.

**KEEPING ACTIVE AND
SOCIAL IS A GREAT
BOOST TO YOUR
HEALTH AND
WELLBEING.**



PLEASE LET US
KNOW YOUR IDEAS
FOR SPRING

Aerosols of any
type are banned
within the
facility.

We strongly
encourage our
residents to be
using roll on
deodorant
instead of spray
due to our fire
alarms being
very sensitive.



Haircuts at Cypress View Lodge

Jenna Groves visits every six weeks

Next Visit
Monday 15th December 2025

Booking Process

Get your family to contact
Jenna directly at
0406 141 557
to arrange an appointment
for your haircut.

Payment Details

All payments are made
directly to Jenna by your
family or by you on the day.
Please ensure you have the
correct amount ready.

For questions, contact Jenna direct

LOCAL CHURCH SERVICES

SAINT PETER'S CATHOLIC CHURCH MASS TIMES

Every Sunday of the Month: 10:30am

SEVEN DAY ADVENTIST REFORM MOVEMENT

SATURDAY

Sabbath school 10:30am

Divine Service 11:30am

UNITING CHURCH

SUNDAY

Worship Service : 9:30am

THE ANGLICAN CHURCH OF ST MARK THE EVANGELIST

Holy Eucharist

1st & 4th Sunday 9.30am

3rd Sunday 11.00am

Parish Service

2nd Sunday 9.30am

5th Sunday not on sign



Care minutes

Cypress View Lodge Care Minutes		Actual Minutes Achieved		
	Current Target	Jul 25	Aug 25	Sep 25
Registered Nurse	38.87	27	21.4	21.3
Total Care includes care provided by Registered Nurses, Enrolled Nurses and Personal Care Workers	185.27	207	189	195.6

CVL has an exemption granted by the Government from the 24/7 requirement and has in extensive alternative care arrangements in place to ensure all residents receive care by appropriate staff.

Do you have a suggestion, complaint or compliment? We are always willing to listen to your suggestions. Cypress View Lodge has a Suggestion Form available at the office however if you would like to make a quick suggestion, complaint or compliment please email karenh@cypressviewlodge.com.au or phone – 02 69544202.

WHAT'S GOING ON IN THE MURRUMBIDGEE

COLEAMBALLY SPRING BALL

Next date: Saturday, 25
October 2025 | 06:30
PM to 11:55 PM

Everyone welcome!
Come along for a great
night with live music
from Jasmine Jade and
delicious nibbles
provided by the
Coleambally Club.

Tickets \$50
Strictly over 18 only



Melbourne Cup Bottomless Luncheon

Next date: Tuesday, 04
November 2025 | 12:00 PM to
02:30 PM

Location: Coleambally Club
Complimentary Drinks and
Food between 12-2:30pm

- We are open from 11am
- Heaps of sweep stake tickets available
- Lucky Door Prize
- 6 Raffles prizes to be won
- Sky Racing on the Sports Wall
- Fashion on the Field for best dress



Move for Willow

**Thank You
for getting
moving and
donating**

**Together, we
raised over \$4000
for Willow's needs!**



During the month of
October on
WEDNESDAYS staff and
residents are invited to
wear **PINK** as much or
as little as you choose.
Any money raised will
be passed onto the
local Can Assist.



OCTOBER BIRTHDAYS



KATH TURNED 92



Pictured with
Kath is her son
Robert

HAPPY BIRTHDAY

Our October Birthdays:

Kath 10th Of October

Jane 22nd Of October

Elaine.G 24th Of October

Collin 31st of October

Congratulations to staff member Ellen who recently got married on the 7th Of September to husband Ochs. They were married at the Maharlika Events Tagaytay in Philippines. Surrounded by 150 family and friends



Laughter is good for the soul. Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator.

On the way down I asked him if his wife was meeting him.

'I don't know,' he said. 'She's still upstairs in the bathroom changing out of her hospital gown.'



We farewelled Colleen Skinner, a much-loved member of our Lodge family on 7th Of October. Colleen lived with us for just over a year but had been a client with our service for 10 years. Colleen was a pleasure to care for. She will be greatly missed by all. We extend our sincere condolences to her family and friends.