RESIDENTS & FAMILY NEWSLETTER

CYPRESS

ISSUE #10

OCT 2025

VIEW NEWS





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## General Business

Visiting Hours

CVL Resident's Shop

While we do not have set visiting hours at Cypress View some of our resident enjoy taking part in most activities. Below is a indication of times when these take place which may help you to decide when is best to visit.

Breakfast – 7:30 to 9:30
Morning exercises – 9:45am
Morning tea – 10am
Morning activity – 10:30am to
11:30am
Lunch – 12:30pm to 1pm
Afternoon activities – 2pm
Afternoon tea – 3pm
Tea/Dinner – 5:30pm to
6:30pm

In the residents shop you can find

- Toiletries
- Knitted soft toys
- Knitted lace coathangers
- Non slip socks in many sizes

These are all marked at a reasonable price. If interested in these items see the girls at the front desk.

#### Wanted

Used Stamps (Postage) Bev Rose-Wiseman sorts stamps.

For CWA International work
Money from sale of these stamps is used to send aid to women of the South Pacific Area.

You will find a box to place stamps in as you first walk into the activities room to your left.

#### **ACTVITIES**

DO YOU HAVE AN IDEA FOR AN ACTIVITY OR OUTING?

WE WOULD LOVE TO HEAR THEM.

KEEPING ACTIVE AND SOCIAL IS A GREAT BOOST TO YOUR HEALTH AND WELLBEING.

PLEASE LET US KNOW YOUR IDEAS FOR SPRING Aerosols of any type are banned within the facility.
We strongly encourage our residents to be using roll on deodorant instead of spray due to our fire alarms being very sensitive.

## Haircuts at Cypress View Lodge

Jenna Groves visits every six weeks

Next Visit Monday 15<sup>th</sup> December 2025

## **Booking Process**

Get your family to contact Jenna directly at **0406 141 557** 

to arrange an appointment for your haircut.

## Payment Details

All payments are made directly to Jenna by your family or by you on the day. Please ensure you have the correct amount ready.

For questions, contact Jenna direct

#### LOCAL CHURCH SERVICES

## SAINT PETER'S CATHOLIC CHURCH MASS TIMES

Every Sunday of the Month: 10:30am

#### SEVEN DAY ADVENTIST REFORM MOVEMENT

SATURDAY

Sabbath school 10:30am Divine Service 11:30am

#### UNITING CHURCH

SUNDAY

Worship Service: 9:30am

#### THE ANGLICAN CHURCH OF ST MARK THE EVANGELIST

Holy Eucharist
1st & 4th Sunday 9.30am
3rd Sunday 11.00am
Parish Service
2nd Sunday 9.30am
5th Sunday not on sign



### Care minutes

Cypress View		<b>Actual Minutes Achieved</b>		
Lodge Care Minutes	Current Target	Jul 25	Aug 25	Sep 25
Registered Nurse	38.87	27	21.4	21.3
Total Care includes care provided by Registered Nurses, Enrolled Nurses and Personal Care Workers	185.27	207	189	195.6

CVL has an exemption granted by the Government from the 24/7 requirement and has in extensive alternative care arrangements in place to ensure all residents receive care by appropriate staff.

Do you have a suggestion, complaint or compliment?
We are always willing to listen to your suggestions. Cypress
View Lodge has a Suggestion Form available at the office
however if you would like to make a quick suggestion,
complaint or compliment please email:

karenh@cypressviewlodge.com.au or phone –

02 69544202.

#### WHAT'S GOING ON IN THE MURRUMBIDGEE

COLEAMBALLY SPRING BALL

Next date: Saturday, 25
October 2025 | 06:30
PM to 11:55 PM
Everyone welcome!
Come along for a great
night with live music
from Jasmine Jade and
delicious nibbles
provided by the
Coleambally Club.
Tickets \$50
Strictly over 18 only



Melbourne Cup Bottomless Luncheon

Next date: Tuesday, 04 November 2025 | 12:00 PM to 02:30 PM

Location: Coleambally Club Complimentary Drinks and Food between 12-2:30pm

- We are open from llam
  - Heaps of sweep stake tickets available
    - Lucky Door Prize
- 6 Raffles prizes to be won
- Sky Racing on the Sports Wall
- Fashion on the Field for best dress



Thank You

for getting moving and donating

Together, we raised over \$4000 for Willow's needs!

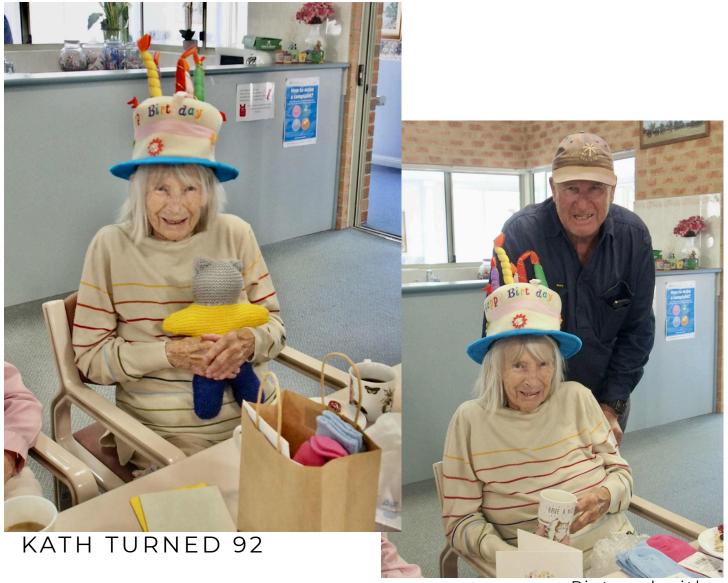


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During the month of October on WEDNESDAYS staff and residents are invited to wear PINK as much or as little as you choose. Any money raised will be passed onto the local Can Assist.



#### OCTOBER BIRTHDAYS



Pictured with Kath is her son Robert

## HAPPY BIRTHDAY

Our October Birthdays:
Kath 10<sup>th</sup> Of October
Jane 22<sup>nd</sup> Of October
Elaine.G 24<sup>th</sup> Of October
Collin 31<sup>st</sup> of October

Congratulations to staff member Ellen who recently got married on the 7<sup>th</sup> Of September to husband Ochs. They were married at the Maharlika Events Tagaytay in Philippines. Surrounded by 150 family and friends

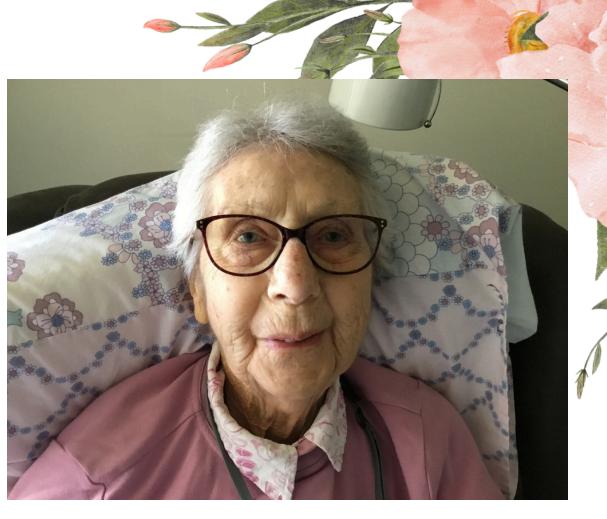


Laughter is good for the soul. Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator.

On the way down I asked him if his wife was meeting him.

'I don't know,' he said. 'She's still upstairs in the bathroom changing out of her hospital gown.'



We farewelled Colleen Skinner, a much-loved member of our Lodge family on 7th Of October. Colleen lived with us for just over a year but had been a client with our service for 10 years. Colleen was a pleasure to care for. She will be greatly missed by all. We extend our sincere condolences to her family and friends.