



CYPRESS VIEW NEWS

SEPTEMBER BIRTHDAYS

HAPPY BIRTHDAY



Pictured with
Biran is his family.



Brian turned 91



Judy turned 83 Pictured with
Judy is her
Nephew Robert.

ISSUE #9

SEP 2025



LOCAL CHURCH SERVICES

SAINT PETER'S CATHOLIC CHURCH MASS TIMES

Every Sunday of the
Month: 10:30am

SEVEN DAY ADVENTIST REFORM MOVEMENT SATURDAY

Sabbath school 10:30am
Divine Service 11:30am

UNITING CHURCH SUNDAY

Worship Service :
9:30am

THE ANGLICAN CHURCH OF ST MARK THE EVANGELIST

Holy Eucharist
1st & 4th Sunday
9.30am

3rd Sunday 11.00am
Parish Service

2nd Sunday 9.30am

5th Sunday not on sign

Visiting Hours

While we do not have set visiting hours at Cypress View some of our resident enjoy taking part in most activities. Below is a indication of times when these take place which may help you to decide when is best to visit.

Breakfast – 7:30 to 9:30

Morning exercises –
9:45am

Morning tea – 10am

Morning activity – 10:30am
to 11:30am

Lunch – 12:30pm to 1pm

Afternoon activities – 2pm

Afternoon tea – 3pm

Tea/Dinner – 5:30pm to
6:30pm

CVL Resident's Shop

In the residents shop
you can find

- Toiletries
- Knitted soft toys
- Knitted lace
coathangers
- Non slip socks in
many sizes

These are all marked
at a reasonable price.
If interested in these
items see the girls at
the front desk.

Wanted

Used Stamps (Postage)
Bev Rose-Wiseman sorts
stamps.

For CWA International work
Money from sale of these
stamps is used to send aid to
women of the South Pacific
Area.

You will find a box to place
stamps in as you first walk
into the activities room to
your left.

ACTIVITIES

DO YOU HAVE AN IDEA
FOR AN ACTIVITY OR
OUTING?

WE WOULD LOVE TO HEAR
THEM.

**KEEPING ACTIVE AND
SOCIAL IS A GREAT BOOST
TO YOUR HEALTH AND
WELLBEING.**

PLEASE LET US KNOW
YOUR IDEAS FOR SPRING



Aerosols of any
type are banned
within the facility.

We strongly
encourage our
residents to be
using roll on
deodorant instead
of spray due to
our fire alarms
being very
sensitive.



Do you have a suggestion, complaint or compliment?
 We are always willing to listen to your suggestions. Cypress
 View Lodge has a Suggestion Form available at the office
 however if you would like to make a quick suggestion,
 complaint or compliment please email-
karenh@cypressviewlodge.com.au or phone –
 02 69544202.

Cypress View Lodge Care Minutes		Actual Minutes Achieved		
	Current Target	Jun 25	Jul 25	Aug 25
Registered Nurse	38.87	35.1	27	21.4
Total Care includes care provided by Registered Nurses, Enrolled Nurses and Personal Care Workers	185.27	198.8	207	189

**CVL has an exemption granted by the
 Government from the 24/7 requirement and has
 in extensive alternative care arrangements in
 place to ensure all residents receive care by
 appropriate staff.**

Time to Get Moving for Willow

Join us this September to support Willow!
Whether you walk, run, dance, swim, or bike,
every step counts. Together, we can make a
difference in Willow's life while having fun and
staying active. Let's show our support through
movement and joy!

Get involved, get active, set your own goal
and create memories!

Get sponsors or make a donation.

Printable activity tracker available in
post or from Cypress View Lodge

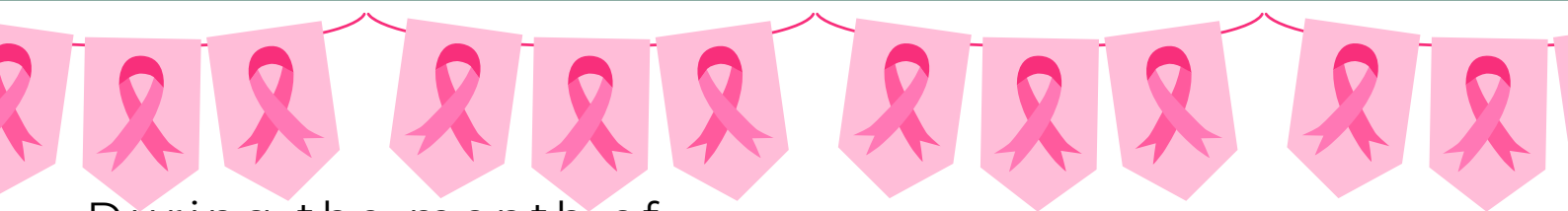
Funds can be deposited to the following account:
CVL Donations and Fundraising Account
BSB: 633 000
Acc Number : 151158375
Receipts are available on request to admin@cypressviewlodge.com.au

100% of money raised will go directly to Willow



Enjoying a
outside
walk
around the
community.

Don't forget in the
month of September
we are doing
SEPTEMBER to raise
money for Willow.



During the month of
October on
WEDNESDAYS staff and
residents are invited to
wear **PINK** as much or
as little as you choose.
Any money raised will
be passed onto the
local Can Assist.



WHAT'S GOING ON IN THE MURRUMBIDGEE



Pig Day Out - Darlington Point

Next date: Saturday, 20

September 2025 | 12:00PM

Get ready, the pigs are back!

After a successful two years,

The Pig Day Out is returning

this September to the Punt

Hotel.

A fantastic, family friendly,
community day out.

The event includes food stalls,
pig racing, live entertainment,
classic car display.



Residents were visited by Janet Curphey from Waddi Culture center and did some basket weaving.

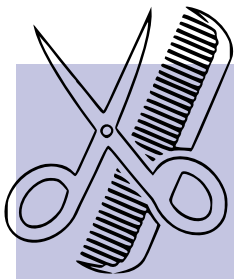


Residents enjoying the Springtime weather while playgroup visits.





Residents have been crafty this month making Sun Catchers to hang outside. You can find these hanging around the facility reflecting off the sun.



Haircuts at Cypress View Lodge

Jenna Groves visits every six weeks

Next Visit
Monday 20th October 2025

Booking Process

Get your family to contact
Jenna directly at
0406 141 557
to arrange an appointment
for your haircut.

Payment Details

All payments are made
directly to Jenna by your
family or by you on the day.
Please ensure you have the
correct amount ready.

For questions, contact Jenna direct

CVL QUILT.

Staff have come up with the idea to make a quilt to display within the facility, like the ones at the end of East and West wing. The quilt will contain a design that each resident come up with themselves and their name if they wish.

Personal information

Name

Do you wish to be apart of the quilt design? Yes ☐ No ☐

If you're interested and haven't already please fill this form out and hand it back into the office.

Please put a description or draw the design you would like to put on the quilt. It can be anything you like!

Laughter is good for the soul.

Sharing and Marriage

An old man and his wife went to their local fast food restaurant. The man placed an order for one hamburger, french fries and a drink. He unwrapped the plain hamburger and carefully cut it in half, placing one half in front of his wife.

He then carefully counted out the french fries, dividing them into two piles and neatly placed one pile in front of his wife. He took a sip of the drink, his wife took a sip and then set the cup down between them. As he began to eat his few bites of hamburger, the people around them were looking over and whispering.

Obviously they were thinking, "That poor old couple- all they can afford is one meal for the two of them."

As the man began to eat his fries a young man came to the table and politely offered to buy another meal for the old couple. The old man said, they were just fine- they were used to sharing everything.

People closer to the table noticed the little old lady hadn't eaten a bite. She sat there watching her husband eat and occasionally taking turns sipping the drink. Again, the young man came over and begged them to let him buy another meal for them. This time the old woman said "No, thank you, we are used to sharing everything."

Finally as the old man finished and was wiping his face neatly with the napkin, the young man again came over to the little old lady who had yet to eat a single bite of food and asked "What is it you are waiting for?"

She answered, "The teeth!"